

| Player of the season | | | | |
|----------------------|--------------|------------------|-----------------|---------------|
| Season | Winner | Club | Runner-up | Club |
| 2017 / 18 | Kevin Bright | British Legion B | Phil Halls | Movie Starr |
| 2016 / 17 | Kevin Bright | British Legion B | Nigel Buckle | Movie Starr |
| 2015 / 16 | Phil Halls | Movie Starr | Steve O'Mahony | Canvey Club B |
| 2014 / 15 | Phil Halls | Movie Starr | Ritchie Edhouse | Corner Club |
| 2013 / 14 | Phil Halls | Movie Starr | Rick Buck | Movie Starr |
| 2012 / 13 | Nigel Buckle | Rugby Club B | Simon Ramage | Corner Club |
| 2011 / 12 | Nigel Buckle | Rugby Club B | Phil Halls | Rugby Club B |
| 2010 / 11 | Phil Halls | Rugby Club B | | |
| 2009 / 10 | Phil Halls | Rugby Club B | | |
| 2008 / 09 | Phil Halls | Rugby Club B | | |
| 2007 / 08 | Phil Halls | Rugby Club B | Kevin Graham | Rugby Club B |
| 2006 / 07 | Kevin Graham | Rugby Club B | | |
| 2005 / 06 | Kevin Bright | British Legion B | | |
| 2004 / 05 | | | | |
| 2003 / 04 | | | | |
| 2002 / 03 | | | Kevin Graham | Rugby Club B |
| 2001 / 02 | Kevin Graham | Rugby Club B | | |
| 2000 / 01 | Nigel Buckle | Rugby Club B | | |
| 1999 / 2000 | Nigel Buckle | Rugby Club B | | |