

K O Cup		
Season	Winner	Runner-up
2017 / 18	Movie Starr	British Legion B
2016 / 17	Movie Starr	British Legion B
2015 /16	Movie Starr	Alfies' Bullets
2014 / 15	Canvey Club B	Canvey Club A
2013 / 14	Movie Starr	British Legion B
2012 / 13	Rugby Club B	Canvey Club B
2011 / 12	Rugby Club B	British Legion B
2010 / 11	Rugby Club B	Rugby Club A
2009 / 10	Rugby Club B	
2008 / 09	Rugby Club B	
2007 / 08	Rugby Club B	Canvey Club B
2006 / 07	Rugby Club B	Mac's
2005 / 06	Rugby Club B	
2004 / 05	Rugby Club B	
2003 / 04	Rugby Club B	
2002 / 03	Rugby Club B	
2001 / 02	Rugby Club B	
2000 / 01	S.B.S.C	Rugby Club B
1999 / 2000	Canvey Club B	
1998 / 99	Canvey Club B	
1997 / 98	Canvey Club B	
1996 / 97	S.B.S.C.	
1995 / 96	Rugby Club A	
1994 / 95	Benfleet C.C.	
1993 / 94	Golf Club	
1992 / 93	Labour Club	
1991 / 92	Rugby Club	
1990 / 91	Lobster Smack	
1989 / 90	South Benfleet S.C.	
1988 / 89	Canvey Labour Club	
1987/ 88	Canvey Labour Club	
1986 / 87	Canvey Labour Club	
1984 / 85	Canvey Labour Club	
1983 / 84	Lobster Smack A	
1982 / 83	Lobster Smack A	
1981 / 82	Lobster Smack A	
1980 / 81	King Canute	
1979 / 80	Haystack	
1978 / 79	Silver Jubilee	
1977 / 78	Canvey F.C. A	
1976 /77	Haystack	
1975 / 76	Anchor Inn	
1974 / 75	Appleton Arms B	

1973 / 74	King Canute A	
1972 / 73	Haystack B	